



Lauren Dahl, LCSW

EMAIL THERAPY AGREEMENT

I am happy to provide counseling via email on an as needed basis if you wish. However, I am not able to provide this service free of charge. If you wish to communicate via email regarding treatment issues, I will charge \$70/hour (minimum charge 15 min/\$17.50) for my time in reading lengthy emails and or/writing responses. I will include a billing amount at the end of each email so that you can keep track of costs if we have multiple back-and-forth communications.

I, _____, would like the option to use email as an option for counseling and support outside of session time.

I understand that I will be charged a rate of \$70/hour with a minimum charge of \$17.50 for Lauren’s time and I agree to keep a valid credit card on file.

I understand that this fee does not apply to:

- *Time Lauren spends reading my brief emails,*
- *Emails pertaining to the scheduling or cancellation of appointments,*
- *Acknowledging an article or video that Lauren sent to me,*
- *Emails initiated by Lauren after a session (If I respond to such an email and begin a dialogue, fees will apply to subsequent responses).*

I understand that it is my responsibility to let Lauren know if I am writing to provide information for discussion in a future face-to-face appointment so that she knows it does not require a response. If I neglect to do so, I understand that I will be charged the usual rate if she answers.

Client (or Guardian) Name

Date

Client (or Guardian) Name

Date